



Durolane Injection

Patient Information Sheet

Introduction :

We are providing you with important information about the Durolane Injection. Please read this information sheet carefully and feel free to ask any questions or seek clarification from us.

What is Durolane?

Durolane is a sterile, injectable gel that contains a high concentration of hyaluronic acid (HA). HA is a naturally occurring substance found in healthy joint fluid, which helps lubricate and cushion the joints. Durolane is specifically designed to provide pain relief and improve joint function in patients with osteoarthritis.

How does Durolane work?

When injected into the affected joint, Durolane acts as a lubricant and shock absorber. It helps to restore the balance of HA in the joint, reducing pain and enhancing joint mobility. Durolane's unique formulation allows it to provide long- lasting pain relief, potentially up to six months or longer, depending on the individual.



Procedure Overview:

Step 1 : Initial Evaluation

Before receiving Durolane treatment, you will undergo a comprehensive evaluation by your healthcare provider. This evaluation may include a physical examination, review of medical history, and possibly imaging tests to assess the condition of your joint.

Step 2 : Injection Procedure

During the injection procedure, your healthcare provider will clean and sterilize the skin over the affected joint. Using a sterile needle and under Ultrasound guidance, Durolane will be injected directly into the joint space. The procedure is typically well-tolerated and does not require anaesthesia, although local anaesthesia may be used if needed.

Step 3 : Post-Treatment Care

Following the injection, your healthcare provider may provide specific instructions for post-treatment care. This may include avoiding strenuous activities for a certain period, applying ice to the injection site, and taking over-the-counter pain relievers if necessary.

Expected Benefits and Risks:

Expected Benefits

Durolane treatment aims to provide relief from joint pain, improve joint function, and enhance your quality of life. The duration of pain relief can vary between individuals, but it is expected to last for several months.

Risks and Side Effects

Durolane is generally considered safe and well-tolerated. However, as with any medical procedure, there are potential risks and side effects, including temporary pain, swelling, or redness at the injection site. Serious complications are rare but may include infection or allergic reactions. It is important to promptly report any unexpected or severe side effects to your healthcare provider.

Follow-up and Rehabilitation:

We may recommend follow-up appointments to assess your progress after the Durolane treatment. Additionally, we may provide guidance on rehabilitation exercises, physical therapy, or lifestyle modifications to support your joint health and optimize the treatment outcomes. It is essential to follow the recommended rehabilitation plan and attend any scheduled appointments for the best results.



Cost and Insurance Coverage:

Durolane treatment may or may not be covered by your insurance plan. It is advisable to contact your insurance provider to inquire about coverage details before initiating the treatment. Your healthcare provider can provide necessary documentation to support your insurance claim, if applicable.

Consultation:

If you have any questions, concerns, or need further information about Durolane treatment, please do not hesitate to contact us. We provide you with the highest quality care and support throughout your treatment journey.

We hope that Durolane treatment brings you pain relief and improved joint function. Should you have any queries or require additional assistance, please feel free to reach out to us.

This brochure is a brief overview of Durolane injections and not designed to be all-inclusive. If you have any further questions, please do not hesitate to contact MAFS Clinic.

If you have any questions or comments, please reach out to us.

Email - info@mafs.net.au

Tel - 8840-1400

Website - www.mafs.net.au